

Preparing for your Interview

Some hints and tips

Make sure you arrive on time! Arrive at least 10 minutes before your allotted time, if you are going to be late or can't make your interview call the interviewers- they will appreciate it!

Always treat your interviewer with courtesy and manners. Make eye contact, it shows you're listening. If more than one person is interviewing you, make sure you look at the person asking that question. Don't fidget or slouch.

Listen to the interview questions carefully. If you don't understand a question, ask for it to be repeated. Try to avoid yes and no answers – give as much information as you can.

Prepare your portfolio of work, exam certificates, record of achievement etc, ready to take with you. Do you have a work experience provider or can someone give you a good reference. **References are vital** and will mean the difference between getting a place and not. Do you have good pictures of you riding- a chance to show off your skills.

Sell yourself at an interview. All your prospective employer knows about you is the information presented in your application form and CV. An interview, while seeming scary, is an opportunity for you to really sell yourself.

Selling yourself rarely comes naturally. But self-promotion is also a critical skill that needs developing over time. Use every opportunity you can to build these skills, get parents/ friends to ask you interview questions.

If you feel that you have had little formal work experience, try to think of things you have done in your personal life that you could use for examples. Have you helped organise any events? Done anything for charity or voluntary work? Babysat? Had a paper round? Jot all these down and try to think in advance what skills you needed to do these things.

Find out about the sector (Horseracing) to show you are interested in that field. A few weeks before your interview keep an eye on the TV, news and read the newspapers-Racing Sections or Racing Post.

We provide tea/coffee and cookies so if you want to bring lunch, there will be time where you can eat it. Parents may want to go out and come back for the tour at 1.30pm after the induction talk at 11.00am as you will be busy doing assessments from 11.30am to1.30pm.

Finally, try to go to bed at a reasonable time the night before so that you are fresh on the day.

DON'T worry about being nervous. We do expect it.

